

JUST GRACE NPC

WW.JUSTGRACE.CO.ZA

+27(0) 73 035 1899

45 WASHINGTON ST ENTRANCE
IN, 33 JUNGLE WALK, LANGA,
CAPE TOWN, 7455

**2022
REPORT**
SIHLE

2022 CASE STUDY

PHAKAMA! YOUTH ACTIVATION PROGRAMME



BACKGROUND

Sihle was part of the Just Grace Youth Activation Programme from January – March 2022. She had studied Computer Science but for the duration of 2020 and 2021, she was unemployed and feeling rather frustrated. She decided she needed to do whatever she could to help herself move forward, so when she found out about the course at Just Grace she jumped at the opportunity.



PROGRAMME DETAILS

The Phakama! Youth Activation Programme empowers youth to become active citizens in their community. Youth will be equipped to obtain meaningful employment and/or access further education or training. The programme is open to young people between the ages of 17-27, residing in Langa.

The programme covers invaluable skills training, including;
Personal and Professional Development
Job Readiness (incl. CV writing, cover letters and interview skills)
Computer Training / Sewing Training/ Barista Training.



INTERVENTION

Sihle said the course helped her in many ways. In the Personal Development module she learnt to understand how she was thinking and feeling, and this helped her to change in a positive way. The Personal Development side of the course was hugely helpful in terms of Sihle securing a job. She is now working at Media 24 as a Backend Software Developer, and she is loving her job. Sihle says that the Job Interview Skills that she learnt on the course were particularly useful to her when she went for her interview at Media 24, and she feels like they helped her to get the job. The day before her interview Sihle took her book that had her notes from the YAP course, went through them and was reminded of tips for a good interview.

She also said that the mock interview she had done at Just Grace was good preparation for her actual interview. Sihle explained that on the Youth Activation Programme she learnt that being on time and communication is of utmost importance; she can see how this has already made a difference for her in her workspace and how it will help her going forward. Sihle is very grateful for the opportunity to have done this course at Just Grace.

she learnt that being on time and communication is of utmost importance; she can see how this has already made a difference for her in her workspace and how it will help her going forward

